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# Is preoperative IABP insertion significantly reducing postoperative complication in augmented high-risk coronary artery bypass grafting patients?



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# Abstract

**Background** The aim of this study was to determine whether pre-operative intra-aortic balloon pump (IABP) insertion improves surgical outcomes in high-risk coronary artery bypass grafting (CABG) patients.

**Methods** Patients with a EuroSCORE II greater than 1.2% who underwent CABG from 2009 to 2016 were included in the study, while those who utilized intra-operative or post-operative IABP were excluded. The analysis included a total of 2907 patients, with 377 patients undergoing preoperative IABP insertion (EuroSCORE II > 5.018%) and 1198 patients in the non-IABP group before matching; after propensity score matching (PSM), both groups consisted of a matched cohort of 250 patients.

**Results** 30-day mortality events occurred in 9 (3.6%) non-IABP group and in 12 (4.8%) IABP patients (OR: 1.33 95%CI: 0.52–3.58). Kaplan-Meier survival curve analysis showed no significant differences between the two groups in mortality up to one year after the operation (p=0.72). On multivariate analysis, IABP usage among the PSM patients was associated with lower 30-day mortality (OR: 0.28, 95%CI: 0.07–0.92, P-value = 0.043), 90-day mortality (OR: 0.26, 95%CI: 0.08–0.78, P-value = 0.022) and reduced risk of developing severe respiratory disorders (OR: 0.10, 95%CI:0.01–0.50, P-value = 0.011).

**Conclusion** Pre-operative IABP use in high-risk patients reduces 30- and 90-day mortality rates, along with a notable decrease in rates of severe respiratory disorders.

**Keywords** Coronary artery bypass grafting, Intra-aortic balloon pump, Propensity score matching, In-hospital complications, Open heart surgery

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# Introduction

Coronary artery disease surgery ranks as one of the leading causes of death globally, followed by stroke, high blood pressure, heart failure, artery diseases, and various other conditions, which may necessitate Coronary artery bypass grafting (CABG) [1]. Pre-operative Intraaortic balloon pump (IABP) implantation was thought to reduce surgical mortality by improving hemodynamic stability and coronary perfusion [2]. However, this has become a point of contention, with newer studies observing higher mortality rates in patients receiving IABP. Notably, in the IABP-SHOCK I which is a multicentre randomized control trial, no differences in the measured hemodynamic parameters were observed between the IABP and non-IABP group [3]. This was further demonstrated in the subsequent IABP-SHOCK II trial, where no improvements in mortality and morbidity between the non-IABP and IABP group were observed up to 6 years after revascularization by either percutaneous intervention (PCI) or CABG. Moreover, comprehensive analyses involving systemic inflammation, arterial lactate, renal function, and mean arterial blood pressure have yielded inconclusive evidence, challenging the presumed pathophysiological underpinnings of IABP's role in maintaining hemodynamic stability [4].

The discordant nature of evidence persists in studies examining the effects of pre-operative IABP insertion, with a lack of consensus regarding its impact on morbidity and mortality [5–7]. A meta-analysis encompassing 11 studies, comparing outcomes following prophylactic IABP implementation before percutaneous coronary intervention, reported no significant clinical improvements [8]. Strikingly, a retrospective study conducted by Yu et al. even suggested an increase in in-hospital mortality and morbidity associated with IABP implantation [9].

A noteworthy gap in existing research lies in the absence of studies exploring the use of pre-operative IABP within a mixed ethnic population [10–12]. Our study investigates whether prophylactic pre-operative IABP implantation among high risk patients undergoing CABG surgery contributes to reduce morbidity and mortality in the specific context of an Asian mixed-ethnicity population.

# Methods

This retrospective study was approved by the institutional review board (DSRB: 2016/01070) at the National Healthcare Group, Singapore. From 2009 to 2016, 2907 CABG patients at this tertiary institute were included. As per our institutional guidelines, preoperative IABP insertion was performed to ensure hemodynamic stability, particularly for high-risk patients identified by the EuroSCORE II. Timing might vary based on urgency, with insertion occurring the day before, on the morning of surgery a few hours before anesthesia induction, or immediately before surgery in emergencies [13].

In our series, preoperative prophylactic IABP insertion was performed in patients with severe left ventricular dysfunction, hemodynamic instability due to significant left main coronary artery disease, acute myocardial infarction, cardiogenic shock, and unstable angina. In some cases, we also utilized IABP to reduce myocardial oxygen demand and workload, mitigate postoperative complications, or serve as a bridge to decision. Maquet Datascope<sup>™</sup> CS-100 intra-aortic balloon pumps (Getinge, Gothenburg, Sweden), with sizes of 34 cc for patients below the height of 162 cm and 50 cc for those 162 cm and above, were utilized. Post-insertion, X-rays verified proper positioning just distal to the aortic arch. Comprehensive patient data was documented and stored in the department registry.

### Analysis cohort

High mortality risk was defined by a EuroSCORE II>5.018%, determined through a Chi-square automatic interaction detection (CHAID) Decision Tree analysis in R Studio, as depicted in Fig. 1. Patients were then stratified into high and low-risk groups based on EuroSCORE II and one-year all-cause mortality rates. This approach was employed due to considerations that the EuroSCORE II cut-offs recommended by the American Heart Association for predicting mortality [14, 15] were suboptimal for a mixed Asian population [16, 17]. IABP was inserted for patients classified as high-mortality risk based on the EuroSCORE II and the institutional IABP insertion protocol, labeling these patients as the "intervention" or "IABP group." Patients with a EuroSCORE II of <5.018% who did not receive an IABP were labeled as the "non-IABP" group [18]. Exclusion criteria encompassed patients receiving intra-operative or post-operative IABP support, those at low mortality risk with a EuroSCORE II of < 1.2%, and individuals with incomplete information.

### **Definitions of study outcomes**

This study was aimed primarily at evaluating all-cause mortality over a one-year follow-up period. The primary outcomes include short-term mortality assessed using 30-day mortality events and long-term mortality analyzed through Kaplan-Meier survival curve analysis. Secondary outcomes encompassed in-hospital events such as post-operative renal replacement therapy (RRT), cerebrovascular accidents, severe respiratory disorders, disabling complications (necessitating additional medical interventions, rehabilitation, and support to manage their consequences), septicemia, infection, and the postoperative length of stay.



Fig. 1 Chi-square automatic interaction detection (CHAID) Decision Tree analysis showing the steps of determination of the "high-risk" group; it was identified based on a EuroSCORE II greater than 5.018%

# Propensity score matching analysis

We employed propensity score matching (PSM) to simulate a randomized trial. We estimated the propensity score for each individual by using logistic regression to model the probability of receiving IABP given the variables shown in Table 1. Subsequently, IABP patients were matched to the non-IABP group at a 1:1 ratio using the "nearest-neighbor" method, with a matching caliper set at  $0.25 \times$  standard deviation. Individuals with propensity scores that did not permit matches within the caliper were excluded. A total of 250 pairs of the IABP and the non-IABP group patients were successfully matched, and the adequacy of the match was assessed by ensuring that all baseline covariates exhibited a standardized mean difference of <10% (Table 1). The matching procedure was executed using R Studio (Integrated Development for R, Boston, MA) [19].

# Table 1 Comprehensive overview of the patient population under consideration

|  | Before PSM         |                       | After PSM       |                    |                       |                 |
|--|--------------------|-----------------------|-----------------|--------------------|-----------------------|-----------------|
|  | Non-IABP           | IABP                  | <i>p</i> -value | Non-IABP           | IABP                  | <i>p</i> -value |
| N  | 1198               | 377                   |                 | 250                | 250                   |                 |
| Age (median [lQR])   | 65.0 [58.0, 71.0]  | 61.0 [55.0, 69.0]     | < 0.001         | 62.0 [55.0, 68.8]  | 63.0 [55.3,<br>69.0]  | 0.585           |
| Male, n (%)  | 904 (75.5)         | 304 (80.6)            | 0.045           | 200 (80.0)         | 192 (76.8)            | 0.447           |
| Race, n (%) [Chinese]  | 795 (66.4)         | 245 (65.0)            | 0.151           | 171 (68.4)         | 168 (67.2)            | 0.950           |
| BMI (median [IQR])   | 24.0 [21.8, 26.8]  | 24.5 [22.3, 27.1]     | 0.035           | 24.2 [22.3, 26.9]  | 24.4 [21.9,<br>27.3]  | 0.897           |
| Pre-operative RRT, n (%)   | 81 (6.8)           | 311 (2.9%)            | 0.008           | 7 (2.8%)           | 8 (3.2%)              | 1.000           |
| Family history of CAD, n (%)   | 65 (5.4)           | 23 (6.1)              | 0.846           | 19 (7.6)           | 17 (6.8)              | 0.793           |
| Pulmonary hypertension, n (%)  | 26 (2.2)           | 10 (2.7)              | 0.727           | 10 (4.0)           | 8 (3.2)               | 0.81            |
| Diabetes management, n (%) [Oral therapy]                                    | 460 (38.4)         | 121 (32.1)            | < 0.001         | 92 (36.8)          | 87 (34.8)             | 0.809           |
| Morbid obesity, n (%)  | 16 (1.3)           | 2 (0.5)               | 0.315           | 2 (0.8)            | 2 (0.8)               | 1.000           |
| Last creatinine level (median [IQR])   | 92.0 [75.0, 121.0] | 85.0 [70.0,<br>114.0] | 0.002           | 88.5 [74.3, 112.0] | 84.0 [71.0,<br>112.5] | 0.224           |
| Hypertension, n (%) [Treated or BP greater than 140/90]                      | 1030 (86.0)        | 273 (72.4)            | < 0.001         | 59 (23.6)          | 51 (20.4)             | 0.654           |
| Peripheral vascular disease, n (%)   | 173 (14.4)         | 25 (6.6)              | < 0.001         | 21 (8.4)           | 19 (7.6)              | 0.869           |
| Carotid disease, n (%)   | 146 (12.2)         | 33 (8.8)              | 0.082           | 24 (9.6)           | 29 (11.6)             | 0.561           |
| Extracardiac arteriopathy, n (%)   | 284 (23.7)         | 55 (14.6)             | < 0.001         | 40 (16.0)          | 45 (18.0)             | 0.634           |
| Extensive atherosclerosis, n (%)   | 129 (10.8)         | 35 (9.3)              | 0.468           | 16 (6.4)           | 22 (8.8)              | 0.399           |
| Previous percutaneous intervention, n(%)                                     | 247 (20.6)         | 76 (20.2)             | 0.905           | 48 (19.2)          | 40 (16.0)             | 0.411           |
| Inotropic support, n (%)   | 5 (0.4)            | 42 (11.1)             | < 0.001         | 4 (1.6)            | 5 (2.0)               | 1.000           |
| Ventilated preoperatively, n (%)   | 7 (0.6)            | 36 (9.5)              | < 0.001         | 5 (2.0)            | 6 (2.4)               | 1.000           |
| Cardiogenic shock, n (%)   | 18 (1.5)           | 56 (14.9)             | < 0.001         | 12 (4.8)           | 15 (6.0)              | 0.692           |
| Hemodynamic instability, n (%)   | 10 (0.8)           | 53 (14.1)             | < 0.001         | 6 (2.4)            | 11 (4.4)              | 0.324           |
| Cardiomegaly, n (%)  | 8 (0.7)            | 3 (0.8)               | 0.186           | 1 (0.4)            | 1 (0.4)               | 0.919           |
| Number of previous MI, n (%) [None]  | 410 (34.2)         | 78 (20.7)             | < 0.001         | 62 (24.8)          | 59 (23.6)             | 0.964           |
| Congestive heart failure, n (%)  | 276 (23.0)         | 132 (35.0)            | < 0.001         | 66 (26.4)          | 73 (29.2)             | 0.549           |
| Angina, n (%) [Unstable]   | 159 (13.3)         | 190 (50.4)            | < 0.001         | 83 (33.2)          | 94 (37.6)             | 0.555           |
| Resus, n (%) [Yes]   | 16 (1.3)           | 35 (9.3)              | < 0.001         | 10 (4.0)           | 11 (4.4)              | 1.000           |
| Preoperative heart rhythm, n (%) [AF]  | 53 (4.4)           | 19 (5.0)              | < 0.001         | 10 (4.0)           | 13 (5.2)              | 0.868           |
| Dyspnoea, n (%) [≥3]   | 130 (10.9)         | 91 (24.2)             | < 0.001         | 40 (16)            | 43 (17.2)             | 0.933           |
| Extent of coronary artery disease, n (%) [Three vessels with > 50% stenosis] | 957 (79.9)         | 296 (78.5)            | 0.042           | 200 (80.0)         | 206 (82.4)            | 0.143           |
| LMS CAD, n (%) [≥51% stenosis]   | 305 (25.5)         | 230 (61)              | < 0.001         | 133 (53.2)         | 131 (52.4)            | 0.929           |
| Ejection fraction (median [IQR])   | 50.0 [38.0, 60.0]  | 40.0 [30.0, 55.0]     | < 0.001         | 45.0 [35.0, 55.0]  | 44.5 [30.5,<br>55.0]  | 0.535           |
| Diastolic dysfunction, n (%)   | 435 (36.3)         | 132 (35.0)            | 0.692           | 85 (34.0)          | 83 (33.2)             | 0.925           |
| RWMA, n (%) [Yes]  | 785 (65.5)         | 264 (70.0)            | 0.12            | 174 (69.6)         | 172 (68.8)            | 0.923           |
| Redo-operation, n (%)  | 7 (0.6)            | 3 (0.8)               | 0.937           | 3 (1.2)            | 2 (0.8)               | 1.000           |
| Operative urgency, n (%)   |                    |                       | < 0.001         |                    |                       | 0.914           |
| Elective   | 694 (57.9)         | 58 (15.4)             |                 | 54 (21.6)          | 51 (20.4)             |                 |
| Emergency  | 67 (5.6)           | 87 (23.1)             |                 | 36 (14.4)          | 36 (14.4)             |                 |
| Salvage  | 0 (0.0)            | 7 (1.9)               |                 | 0 (0.0)            | 0 (0.0)               |                 |
| Urgent   | 437 (36.5)         | 225 (59.7)            |                 | 160 (64.0)         | 163 (65.2)            |                 |
| CABG Category, n (%)   |                    |                       | 0.001           |                    |                       | 0.901           |
| Off-pump isolated CABG   | 74 (6.2)           | 5 (1.3)               |                 | 3 (1.2)            | 3 (1.2)               |                 |
| On-pump beating heart isolated CABG  | 54 (4.5)           | 18 (4.8)              |                 | 9 (3.6)            | 11 (4.4)              |                 |
| On-pump isolated CABG  | 1070 (89.3)        | 354 (93.9)            |                 | 238 (95.2)         | 236 (94.4)            |                 |

AF=Atrial fibrillation/flutter; BMI=Body mass index; CAD=coronary artery disease; CABG=Coronary artery bypass graft; IQR=Inter quartile range; LMS=Left main stem; MI=Myocardial infarction; RRT=Renal replacement therapy; RWMA=Regional wall motion abnormality; VT or VF=Ventricular tachycardia or Ventricular fibrillation;

### Statistical analysis

In the pre-matched cohort, categorical variables were expressed as frequencies and percentages. Normality of continuous variables was assessed using Shapiro-Wilk's method. Normally distributed continuous variables were presented as mean and standard deviations, while nonnormally distributed ones were represented as median and inter-quantile range. Stratification by IABP usage allowed comparisons using the Mann-Whitney U test for continuous variables and the Chi-square test for categorical variables. Paired univariate analysis was conducted for the two groups. Categorical variables were compared using McNemar's Test, and continuous variables were compared using paired T test. Kaplan-Meier survival curve analysis was performed using the signed-rank test. All statistical analyses were carried out using R Studio, with a significance threshold set at p-value < 0.05 [19].

# Results

This retrospective study focused on patients undergoing CABG between 2009 and 2016. The patient cohort, consisting of 2907 individuals, was refined by excluding those who received intra-operative or post-operative IABP support, low-risk patients (EuroSCORE II<1.2%), and those

| Table 2 Pri | imary and second | ary outcomes of the study |
|-------------|------------------|---------------------------|
|-------------|------------------|---------------------------|

| Primary  | Non-IABP       | IABP              | OR (95% CI)          | <b>p</b> - |
|--|----------------|-------------------|----------------------|------------|
| Outcomes   |                |                   |                      | value      |
| 30-day mortality                                 | 9 (3.6%)       | 12 (4.8%)         | 1.33 (0.52–3.58)     | 0.663      |
| 90-day mortality                                 | 14 (5.6%)      | 14 (5.6%)         | 1.00 (0.44–2.24)     | 0.850      |
| 1-year mortality                                 | 16 (6.4%)      | 18 (7.2%)         | 0.89 (0.42–1.85)     | 0.864      |
| Secondary  | Non-IABP       | IABP              | OR (95% CI)          | <b>p</b> - |
| Outcomes   |                |                   |                      | value      |
| Renal replacement<br>therapy                     | 17 (6.8%)      | 12 (4.8%)         | 0.71 (0.31–1.57)     | 0.458      |
| Cerebrovascular<br>accidents                     | 10 (4.0%)      | 3 (1.2%)          | 0.30 (0.05–1.17)     | 0.096      |
| Severe respiratory<br>disorder <sup>a</sup>      | 11 (4.4%)      | 4 (1.6%)          | 0.36 (0.08–1.23)     | 0.121      |
| Disabling<br>complications <sup>b</sup>          | 29 (11.6%)     | 14 (5.6%)         | 0.48 (0.24–0.94)     | 0.033      |
| Septicaemia                                      | 5 (2.0%)       | 8 (3.2%)          | 1.60 (0.46–6.22)     | 0.579      |
| Infection <sup>c</sup>                           | 26 (10.4%)     | 31<br>(12.4%)     | 1.20 (0.69–2.09)     | 0.600      |
| Secondary  | Non-IABP       | IABP              | Mean Differ-         | <b>p</b> - |
| Outcome  |                |                   | ence (95%Cl)         | value      |
| Post-operative<br>length of stay<br>(days) [IOR] | 8.0 [6.0–12.0] | 9.0<br>[7.0–14.8] | 1.32<br>(-0.82–3.47) | 0.225      |

<sup>a</sup> Severe respiratory disorder secondary to pulmonary embolism, pulmonary edema, pneumonia, acute respiratory distress syndrome, or respiratory failure requiring ventilation

<sup>b</sup> Defined as debilitating complications causing severe disability, consisting of cerebrovascular stroke, coma, renal insufficiency requiring renal replacement therapy, and severe respiratory disorders

 $^{\rm c}$  Defined as an infection of the leg, mediastinum, sternum, urinary tract, or septicemia

with missing information. The final pre-matched cohort comprised 1575 individuals, categorized into 1198 the non-IABP group and 377 pre-operative IABP patients group (Supplementary Fig. 1). After PSM matching, both groups consist of a matched cohort of 250 patients.

Table 1 presents a comprehensive overview of patient characteristics both before and after PSM. Prior to PSM, patients with pre-operative IABP insertion exhibited higher median age, male predominance, body mass index (BMI), serum creatinine levels, and ejection fractions. All patient characteristics were generally elevated in the pre-operative IABP group, with some exceptions such as preoperative RRT, diabetes, hypertension, peripheral vascular disease, and extracardiac arteriopathy.

After PSM, the matching protocol successfully balanced baseline covariates between the two groups, as indicated by standardized mean differences <10%. No significant differences were found in patient characteristics post-matching, ensuring a more comparable and balanced comparison between the non-IABP and preoperative IABP patients group (Supplementary Fig. 2). These findings provided a robust foundation for subsequent analyses and interpretations of the study outcomes.

# Study outcomes

# Mortality

Table 2 presents the mortality rates in the PSM cohort, revealing no significant differences in 30-day, 90-day, and 1-year mortality rates between the groups. Specifically, 30-day mortality occurred in 9 (3.6%) the non-IABP group and 12 (4.8%) IABP patients group, with an odds ratio (OR) of 1.33 (95%CI: 0.52–3.58). Kaplan-Meier survival curve analysis (Fig. 2) indicated no noteworthy disparities in mortality up to one-year post-operation (p=0.72). In the multivariate analysis, IABP usage in the PSM group demonstrated an association with lower 30-day mortality (OR: 0.28, 95%CI: 0.07–0.92, P-value=0.043) and 90-day mortality (OR: 0.26, 95%CI: 0.08–0.78, P-value=0.022) rates (Fig. 3).

### Secondary outcomes

In Table 2, IABP-treated patients had a lower likelihood of disabling complications (OR=0.48, 95%CI: 0.24–0.94) without observed IABP site-related infections. The IABP group showed fewer instances of renal insufficiency requiring RRT, cerebrovascular accidents, disabling complications, and severe respiratory disorders (Fig. 3A). In the multivariate analysis (Fig. 3B), IABP use was associated with decreased risk of severe respiratory disorders (OR: 0.10, 95%CI: 0.01–0.50, P-value=0.011), lower 30-day and 90-day mortality, and improved outcomes for 1-year mortality, RRT, cerebrovascular accidents, severe respiratory disorders, and disabling complications.



**Fig. 2** The Kaplan-Meier survival curve shows the probability of survival over time for patients who underwent propensity-score-matched IABP usage compared to the non-IABP group after CABG. The curve indicates that there were no significant differences in mortality rates between the two groups up to one year after the operation, as evidenced by the overlapping survival curves

# Discussion

A lower threshold for initiating IABP support was observed due to the higher risk profile of patients undergoing CABG, with 31% utilizing IABP. While IABP showed no survival benefit in high-risk (EuroSCORE II>5.018%) patients, it did reduce the risk of disabling complications and short-term mortality, a new observation not highlighted in previous studies. Despite the absence of a long-term mortality reduction, the improvement in short-term outcomes justifies IABP usage, as it significantly enhances patients' quality of life [4, 20].

IABP improves patient outcomes by reducing afterload via enhancing diastolic and lowering systolic aortic pressures. This results in lowered left ventricular wall stress and, hence, decreased demand for oxygen by the myocardium. Moreover, IABP concomitantly improves cardiac output by raising cardiac stroke volume, especially in patients with impaired left ventricular function. This, in turn, increases renal blood flow and improves renal function [21–24]. However, there is still much controversy surrounding the effects of pre-operative IABP implantation on post-operative outcomes. While many studies have pointed out the strong association between preoperative IABP insertion and high postoperative mortality and morbidity [9, 11], the increased adverse events might be attributed to the presence of confounders.

The use of the IABP significantly improves the clinical outcomes of coronary patients, especially those with very low LVEF. One of the strongest indications for employing a preoperative IABP in patients undergoing CABG is a low ejection fraction, specifically an EF less than 30% [13, 17]. In our study, we observed that among both the non-IABP and IABP groups, both before and after PSM, the ejection fraction remained above 30%. This suggests that while preoperative IABP may be beneficial for patients with compromised cardiac function, even those with ejection fractions above 30% may still derive benefits from its use in the perioperative period.

With reference to the data displayed in Table 1, it becomes apparent that a considerable proportion of



Fig. 3 Forest plot showing (A) Mcnemar's test – IABP usage among the PSM patients had better outcomes for 1-year mortality, Renal replacement therapy, Cerebrovascular accidents, Severe respiratory disorders, and disabling complications (B) multivariate analysis result on IABP usage among the PSM patients was associated with lower 30-day mortality and 90-day mortality rates, in addition to better 1-year mortality, Renal replacement therapy, Cerebrovascular accidents, Severe respiratory disorders, and disabling complications. (\*If the upper limit of 95% CI exceeds 2.5, it is represented by an arrow.)

patients in the IABP group presented with peripheral vascular disease, extracardiac arteriopathy, or extensive atherosclerosis, mirroring findings observed in various other studies within the field. These findings are consistent with those reported in numerous other studies within the field. Patients with such comorbidities are known to be at elevated risk for peripheral limb complications, including limb ischemia, IABP site infection, thrombosis, and the requirement for further interventions, often resulting in significant disability [24, 25]. However, our study, after meticulous PSM, did not reveal a heightened incidence of such complications. This could be attributed to the robust methodology employed in our large-scale propensity matching process and the comprehensive analysis of an expanded patient cohort.

Conflicting results in studies may stem from significant heterogeneity between non-IABP and IABP groups, with surgeons favorably selecting higher pre-operative risk patients for IABP insertion, introducing selection bias [4]. Robust randomized control trials or propensity-score matching studies can mitigate this bias. Lack of consensus in the surgical community on the definition of highrisk patients further complicates the issue. While our study used EuroSCORE II>5.018%, others defined highrisk patients using various clinical variables [16, 26].

Notably, the generalizability of IABP effects from studies like SHOCK II to bypass surgery patients is questioned [20]. Future research should focus on establishing a standardized criterion for defining high-risk patients benefiting from pre-operative IABP. Additionally, population and demographic factors, particularly in mixed Asian populations, remain understudied and may contribute to varied outcomes.

## Limitation

This study has limitations. Firstly, reliance on surgical registry data limits access to specific clinical details. Secondly, despite an 8-year duration and over 2900 patients, the small number of pre-operative IABP patients and low event rate may yield statistically insignificant secondary outcomes. Thirdly, Preoperative IABP patients were sicker, with more urgent CABG and higher LMS CAD rates. Post-matching, similar LMS CAD and urgent CABG rates seem improbable, likely explaining better IABP outcomes. Residual variables may confound results despite rigorous matching. Lastly, as a single-center study, variations in IABP practices across centers were not considered. A large-scale multi-center randomized control trial is needed for comprehensive validation.

# Conclusion

Utilizing pre-operative IABP in high-risk patients (EuroS-CORE II>5.018%) may lead to a reduction in 30-day and 90-day mortality rates, while also being associated with

a decreased occurrence of severe respiratory complications. This underscores the potential benefits for highrisk patients in terms of improving short-term outcomes. However, it's noteworthy that the use of IABP is significantly associated with disabling complications. The approach to preoperative IABP insertion in high-risk CABG patients may differ among centers, necessitating large-volume randomized controlled trials.

# Abbreviations

| BMI       | Body mass index   |
|-----------|---|
| CABG      | Coronary artery bypass grafting                           |
| CHAID     | Chi-square automatic interaction detection                |
| DSRB      | Domain specific review board                              |
| EuroSCORE | European system for cardiac operative risk evaluation     |
| IABP      | Intra-aortic balloon pump                                 |
| NUH       | National University Hospital                              |
| OR        | Odds ratio  |
| PCI       | Percutaneous intervention                                 |
| PSM       | Propensity score matching                                 |
| RRT       | Renal replacement therapy                                 |
| SHOCK     | Should we emergently revascularize occluded coronaries fo |
|           | cardiogenic shock   |

### Supplementary Information

The online version contains supplementary material available at https://doi. org/10.1186/s13019-024-02925-2.

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Supplementary Material 1
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Supplementary Material 2

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### Author contributions

Conceptualization, F.S., H.L., G.C., D.W., Z.X., T.K., and G.K.; Methodology, D.W., Z.X., F.S., and H.L.; Software, D.W., Z.X., and F.S.; Validation, G.C., H.L., D.W., and F.S.; Formal analysis, D.W., Z.X., and F.S.; Data curation, D.W., Z.X., and F.S.; Writing—original draft preparation, F.S., H.L., G.C., D.W., Z.X., T.K., and G.K.; Writing—review and editing, F.S., H.L., G.C., D.W., Z.X., T.K., Sisualization, D.W., Z.X., and F.S.; Resources, T.K., and G.K.; Supervision, F.S., and G.K.; Project administration, H.L., and F.S.; Funding acquisition, T.K., and G.K. All authors have read and agreed to the final version of the manuscript.

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### Data availability

The authors confirm that the data supporting the findings of this study are available within the article and its supplementary materials. Raw data were generated at Cardiac Surgery Research Laboratory at the National University of Singapore. Derived data supporting the findings of this study are available from the corresponding author on request.

### Declarations

# Competing interests

The authors declare no competing interests.

### Informed consent

Retrospective study, informed consent was waived.

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